


Nuotta-seminar

- Social reinforcement of NEET youth through experiential learning

Hours	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8.00-9.00	Arrival day- Welcome Dinner at 18.30 Gathering to Old Villa	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30		Official welcome <ul style="list-style-type: none"> Aim and objectives of the training course What is Nuotta coaching? Personal learning objectives 	Physical activities supporting healthy lifestyle Trying out different outdoor sport activities Archery / Mountaing biking / Geocaching	Outdoor and adventure activities to enhance individual's sense of responsibility, resourcefulness and courage in youth work Visit to Södra Trutklippan Island <ul style="list-style-type: none"> Overnight stay in a nearby island (if the weather allows) Cooking our meals outdoors as a group Organising the camp Nature activities Sleeping outdoors, in a cottage or in tentsiles. 	Packing our camp and boat trip back to Villa Elba	Visit to city centre City adventure	Goodbye and see you soon! Departures
12.30		Lunch	Lunch		Lunch	Lunch	
14.00		Get to know each other Organisations presentations - Gallery walk	Sharing best practices Solidarity projects as a tool for supporting youth participation (by Europiamo)		Organising camping equipments back together	Future planning How to use knowledge applied in the future. Planning future cooperation.	
15.30		Coffee break	Coffee break		Coffee break	Coffee break	
16.00		Team building activities Squirrel adventure	Future, mental health and self-awareness How to support young people motivation and future planning		Learning through experience How to support youth through instructed reflecting.	Final evaluation of the project	
19.00		Family groups: Evaluation of the day	Family groups: Evaluation of the day		Family groups: Evaluation of the day	Family groups: Evaluation of the day	
20.00		Dinner	Dinner		Dinner	Dinner	
	International evening	Sauna evening	Free time activities in Villa Elba (DIY soap workshop)		Farewell evening		