



**EUROPEAN
SOLIDARITY
CORPS**



Example tasks for Volunteers

Place: Bydgoszcz, Poland

Duration: November 2021 – November 2022

Lead organization: WSG University in Bydgoszcz

Quality Label: *2021-1-PL01-ESC50-096594*

THE TASKS FOR THE VOLUNTEERS



Nurseries

- helping instructors and educators with preparing and carrying out various activities (cooking, sport, dance, manual and creative work, art classes, organizing free time, language and cultural activities about the country of origin of the volunteer);
- helping instructors and educators with serving meals;
- helping instructors and educators with organizing trips;
- helping children with their daily activities



Daily Care Houses

- helping instructors with preparing and carrying out such occasional meetings in order to counteract the social seclusion of elder people like art, cultural and educational classes (literature, painting, film, music, learning English), sports classes (nordic walking), memory training (games improving intellectual abilities);
- taking part in trips;
- helping instructors with preparing various occasional meetings (Christmas Eve, Grandparents Day, Women's Day, carnival play);
- helping elderly people with their daily activities;
- organizing free time for elderly people



International Affairs Office

- helping with preparing Orientation Days for international students;
- helping with organizing some events and activities for international students;
- organizing language classes of origin of the volunteer;
- joining the activity of the Youth European Parliament;
- spreading the idea of volunteering in local institutions (meeting with children in kindergartens, schools, and orphanages);
- organizing common promotional actions concerning the idea of Volunteering, Youth Mobility;
- helping with organizing events, workshops concerning EU topic



Europe Direct



Library

- helping with organizing some events and activities for international students;
- organizing language classes of origin of the volunteer;
- spreading the idea of reading books, polish culture



Design Studio

- helping with making promo materials

Volunteers will have an opportunity to develop their skills and obtain new experiences. Youth may work in all of those institutions or choose one/two of them according to their interests.

The above-described areas of activities are aimed to allow participants to improve or acquire knowledge, skills, experience, professional and "soft" competences adequate to the area of activity:

- method of working with children, the elderly and young people;
- competences to organize free time
- increasing language competences or acquiring new ones
- experience in conducting meetings, classes, workshops
- prevention xenophobic thinking
- work experience in a new intercultural environment
- learning about cultural differences
- ability to deal with problems.

Get inspired by Poland

Volunteers would have an opportunity to familiarize and discover Polish culture through participating in:

- lessons of polish language
- contact with polish youth, children, elderly people
- educational tours, trips within work hours
- cultural activities, events
- traditional workshops etc.

THE PRACTICAL ARRANGEMENTS

Holidays

Volunteers work 5 days a week (Monday to Friday). For every month of work you can get two extra days free. You can cumulate the days and take longer holidays. Nevertheless, you have to obtain the agreement regarding the dates from the Host Organization.

Pocket money

Volunteers are going to receive pocket money 120 EUR monthly.

Food

Volunteers are going to receive money for food 145 EUR. It will be their decision, whether they would like to prepare their meals by their own in the flat, or to buy them in a student's canteen. Depending on their decision, we will help them to organize it.

Accommodation

Volunteers are going to be ensured with separate flat in a block of flats. They will be provided with a standard equipment and essential household goods.

Insurance

If you need a medical advice you can use your SIGNA insurance.

Local transport

Each volunteer will receive a monthly City Card, which may be used for domestic connections.

Polish classes

Volunteers are going to be provided with Polish language classes.