

KROMATIKON UPGRADED
(KU)

2018-2-R001-KA125-049976





Hello!

We hope this Info_pack will guide you through your decision to join our team and later to prepare for the stage in Romania.



Short description of the project

Coordinating association:

ANDCTR

Reference number:

2018-2-RO01-KA125-049976

Project eligibility dates:

01.10.2018 - 30.06.2020

Stages:

+ I-01.02.2019–30.07.2019

+ II - 01.09.2019 - 30.01.2020

Venue: CRAIOVA / ROMANIA

Sending organizations are:

A1 (01.02.2019 - 30.07.2019):

- + - Sfera Russia**
- + - Gyumri Youth Initiative Center Armenia**
- + - Youth Association for Environment and Culture Algeria**

A2 (01.09.2019 - 30.01.2020):

- + - Union Georgian Youth for Europe Georgia**
- + - Youth Network for Development and Innovation Jordan**
- + - Stella Ukraine**

Each of the organizations listed above will send 2 EVS volunteers (preferably 1M + 1F).

Profile of the volunteer:

We are searching for volunteers:

- Aged 18 to 30 years old
- Residence of the countries listed as sending associations
- Have a medium English level, especially a good conversational level
- Minimum high school graduate
- Medically advised to work with children (a medical paper will be asked to be provided by each volunteer)
- Interested and motivated to develop the project activities as presented in the Info-pack
- Committed to disseminate the project results as presented in this Info_pack

Candidates with few opportunities (as presented in the program guide), especially those fitting in people with limited social /intercultural / civic experiences (people who have not already participated in other types of mobility and / or have not travelled in -other country, people who have a reduced social life according to the needs mentioned below, people who have difficulty in group integration and teamwork, introvert people, with no leadership skills, people for whom good manners are a component of importance in life, etc.)



AIM, OBJECTIVES AND ACTIVITIES OF THE PROJECT



Aim of the project

KU starts from the following problems that have been identified at the hosting community: most young people are selfish. Though smarter and more creative than those in previous generations, they are losing more and more interest in an outdated education system that is no longer anchored in the reality they live in. In this context, they become devoid of interest, equating any form of learning with useless school, and in the absence of passions, they rely to "social media models".

So our aim is to tackle this problem, mainly by coming with a set of activities that will shift the idea of passive learning into pro-active learning. We intend to start a change in local youth, by empower them with tools to organize and develop their own style of learning.

Objectives of the project

1. The 12 EVS volunteers by the end of the KU 6-month mobility hosted in Craiova / Romania will develop the social / civic and intercultural competencies necessary for a more dynamic / more active lifestyle.
2. 100 young high school students from Craiova / Dolj by the end of the 12 months of KU activities will be more open to adopting, as appropriate, good manners and volunteering in their own lifestyle.



You can also split your content

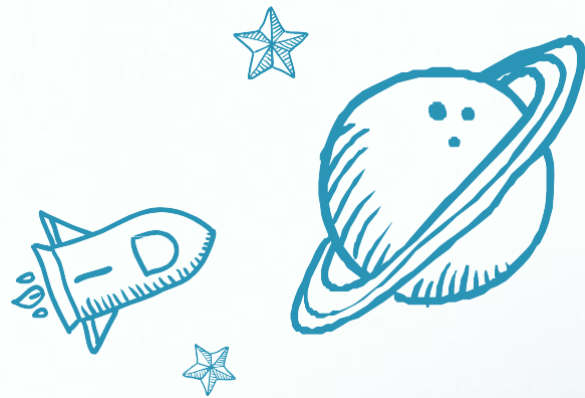
White

Is the color of milk and fresh snow, the color produced by the combination of all the colors of the visible spectrum.

Black

Is the color of coal, ebony, and of outer space. It is the darkest color, the result of the absence of or complete absorption of light.





ACTIVITIES

See the proposed activities as guidance and general ideas, the exact agenda will be also your responsibility to develop during the stage, so come with open mind and creativity.



SCHOOL OF GOOD MANNERS

[SV1] SCHOOL OF GOOD MANNERS

The volunteers will develop in two teams good manners interactive workshops (in partnership with High School “Stefan Odobleja”, <http://www.stefanodoblejacraiova.ro/>): theatre, restaurant behaviour, street, taxi, shopping; dress code and greeting, guests & hosts, table behaviour, art of conversation; online behaviour and the consequences of on-line comments etc. The volunteers will prepare the workshop designs, prepare the training rooms and the necessary resources, promote the workshops / prepare the participants, facilitate, evaluate and prepare the internal reports. Volunteers will use in relation to target group members: demonstrations, role play, simulations, study / documentary visits (for example, theatre), case studies (with audio video support, etc.). - Local target group: 100 young people from Craiova / both stages

Indicator: min. 1 workshop /week /team/stage.

VOLUNTEERING CARAVAN

[SV2] EVS VOLUNTEERING CARAVAN

Volunteers grouped in mixed teams will develop events to promote local and international volunteer opportunities among young people in Dolj county (including in peripheral areas of Craiova). The events will be non-formal and will focus on - getting familiar with the volunteering framework, local needs, EVS -Developing mini-demonstration local volunteer activities - identify and present local need of volunteers in different sectors - Effective encouragement of young people to enrol in the European Solidarity Corps database, accessible to all organizations wishing to recruit young people from Romania for EVS stages, etc. The events will take the form of an intercultural caravan (interactive presentations, quiz, dance, music). EVS volunteers will share their tasks, set teams in the caravan calendar, design each event, develop presentation materials, promote action among target groups and local information multipliers, and then implement.

Local target group: 100 young people from Dolj who currently do not know transnational volunteering opportunities and most of which did not take part in local volunteer actions.

Indicator: min. 3 caravans / stage.

JOURNALISTIC ACTIVITIES

[SV3] JOURNALISTIC ACTIVITIES

Each week the volunteers will have one day dedicated to promotion activities and journalistic activities, in order to raise awareness of their work in the communities.

Journalistic activities will include:

- articles about the volunteering experiences, articles about good manners etc
- Promotional video of EVS, good manners etc

Learning goals

EVS is a learning opportunity, so we have set for each volunteer a set of learning competences to be achieved.

- Interpersonal, intercultural and social competences
- Civic competences
- Cultural understanding and manifestation
- Basic communication level in English and Romanian languages
- Basic journalistic skills
- Digital competences

A personal learning plan will be set by each volunteers at arrival in the host community, with the guidance of the mentor. At the end of the stage this learning plan will be assessed and translated in the YouthPass certificate. For more on Youthpass visit: <https://www.youthpass.eu>

Indicators for the project TO BE ACHIEVED



Dissemination

EXAMPLES OF RESULTS THAT WE WILL DISSEMINATE (apart from learning outcomes, short & medium):

3a] 2 complete designs of public events promoting good manners (including annexes: posters, participant lists, etc.)

3b] collection of video tutorials on workshops of good manners (12 tutorials of at least 3 minutes each); a total of 12 e-brochures / e-leaflets presenting the results of these workshops

3c] a collection of at least 12 video-presentations / colloquium interviews of youth from Dolj who show interest in participating in EVS

Dissemination:

6) EXAMPLES OF CONSOLIDATED DISSEMINATION MEASURES:

- During the stages, within the Weekly Agenda we created Space for enhanced dissemination measures. The volunteers from each stage will develop a resource named KU KIT (a multimedia

material: written text, audio, video, photo) that will creatively present: 1 experimental method of

promoting good manners. This kit will be a methodological support and will be for other organizations

The two resulting kits will be publicly available (OER) through partner websites and will benefit from promotion

- Subsequent to mobility (eg up to 6 months ending the project), volunteers will be invited to take part

in 1 mini-follow-up (up to 15 days) in the sending organizations, with which to develop activities

similar to promoting international volunteering, disseminating not only the knowledge about EVS

opportunities but also exploiting the organizational skills acquired in Romania.

EVS organizational aspects:

Volunteers will have to sign an agreement where are stipulated their tasks, rights and responsibilities;

- Volunteers will be accommodated in apartments fully equipped, 2/room each gender, with shared bathroom and kitchen;
- Volunteers will receive a monthly food allowance of 120 euros and 60 euros pocket money by bank transfer in an account opened at arrival, on 30th of each month, in Lei (Romanian currency) at the monthly rate exchange;
- Volunteers will be assigned a mentor, weekly meetings are encouraged to be attended in order to evaluate the learning process;
- Language support will be provided based on the grant received;
- A monthly local travel bus pass will be provided for each volunteer;

EVS organizational aspects:

- Volunteers will be guided in the activities by a coordinator ;
- Volunteers will be assisted to register to OAT and MTM (organized by NA) where is mandatory to take part;
- Volunteers will be offered a travel support according to the travel band distance;
- Volunteers will have to fill and send at the end of each month an activity report. At the end of the stage volunteers must fill the report from The Mobility Tool;
- Volunteers are expected to work 6 hours/day, 5 days/week. 2 free days/month. NOTE: weekend activities(events) can be possible;
- According to the program rules: 2 holidays/month will be granted. The Romanian free declared Holidays will be applied also to volunteers (Christian Orthodox Easter/Christmas, National Independence day etc);

ERASMUS plus programme:

Erasmus + provides grants for a wide range of actions and activities in the fields of education, training, youth and sport. The programme gives opportunities to students, trainees, staff and volunteers to spend a period abroad to increase their skills and employability. It supports organisations to work in transnational partnership and to share innovative practices in the fields of education, training and youth.

For more information please visit: https://eacea.ec.europa.eu/homepage_en





European Voluntary Service

This activity allows young people aged 17-30 to express their personal commitment through unpaid and full-time voluntary service for up to 12 months in another country within or outside the European Union. Young volunteers are given the opportunity to contribute to the daily work of organisations dealing with youth information and policies, young people's personal and socio-educational development, civic engagement, social care, inclusion of disadvantaged, environment, non-formal education programmes, ICTs and media literacy, culture and creativity, development cooperation, etc. A project can include between 1 and 30 volunteers who can do their voluntary service either individually or in group. Before arrival we STRONGLY recommend each volunteer to read the EVS info kit.

For more information about the program access:
http://eacea.ec.europa.eu/erasmus-plus_en



Mentorship support:

During the project besides the PROJECT COORDINATOR, a FACILITATOR of the activities and the specialists from the day center where you will develop the activities, you will also have a support person that will help you to adapt, to integrate and will guide your learning process during the project. This person is chosen by the hosting organization and is called MENTOR.

Mentorship can be defined as the set of relations and processes that appear between an EVS volunteer and the person who facilitates the learning process during the project. The mentor's figure is very important in the whole process because he assists the volunteer to integrate, to develop himself and to overcome possible difficulties. The mentor can help the volunteer to identify the strong and weak points regarding his skills and personality. Each volunteer will be assigned a mentor and will benefit from group and individual mentorship sessions.

THE MENTORSHIP CAN BE DESCRIBED AS:

- + ● Facilitating the learning process
- + ● Introducing the volunteer to the local community
- + ● Advising or counselling the volunteer in difficult situations
- + ● Helping the volunteer to realize his achievements gained through the activities

CRAIOVA

Your home for the next months



Hosting community – Craiova, romania

You will be staying in Craiova, Romania's 6th largest city and capital of Dolj County, is situated near the east bank of the river Jiu in central Oltenia. It is a longstanding political center, and is located at approximately equal distances from the Southern Carpathians (north) and the River Danube (south). Craiova is the chief commercial city west of Bucharest and the most important city of Oltenia. The city prospered as a regional trading centre despite an earthquake in 1790, a plague in 1795, and a Turkish assault in 1802 during which it was burned.

For more information about the city visit: <http://en.wikipedia.org/wiki/Craiova>
<https://www.youtube.com/watch?v=dbBmgYgw-OM>

And if you want to know something about Romania before coming visit:
<http://en.wikipedia.org/wiki/Romania>
<https://www.youtube.com/watch?v=wzcuBbztn-0>

HOW to get to Craiova

By plane: from Otopeni “Henri Coanda” International Airport in Bucharest

1. Exit the terminal (don't forget your luggage).
2. Go to the ground floor. Outside on the right you will see the bus station and where to buy the bus tickets. A bus ticket costs around 8 lei (2 euros).
3. Buy the bus ticket and take the bus number 780 – to “Gara de Nord” train station - last stop.
4. Get off the bus at the train station “Gara de Nord” it is announced in the bus, but is safe to also ask someone where to get off.
5. At “Gara de Nord” go inside and buy a train ticket to Craiova, second class, one way only. The ticket should cost around 68 lei (around 15 euros.) Keep the tickets for the refund.

HOW to get to Craiova

6. Once you bought the ticket inform us via a SMS or e-mail (it is free WIFI at McDonalds or other coffee shops inside the train station) when you must arrive in Craiova. It is written on your train ticket, but you can also ask someone to read it for you. On your ticket you have the wagon and seat where you have to stay inside the train so ask someone to help you locate it.

7. If you inform us correctly about your arrival we will wait for you at Craiova train station and go with you to your accommodation.

! After each volunteer books the flight and send it to us we can also look for you the best train options or check by himself at:

+ <http://www.mersultrenurilor.ro/>

+ Or check a bus directly from the Airport at: <https://mementobus.com/en>

Note: prices may vary, depending of shop, offers and brands. This are just informative prices. Prices for fruits and vegetables vary considerably depending of season, but if in season fruits and vegetables are not expensive.

General rate exchange used: 1 EURO = 4.5 LEI

Price list

10 Eggs	6	1.33
1 kg Potatoes	3	0.66
1 kg Carrots	2	0.44
1 kg Bananas	6	1.33
1 Whole chicken	13/kg	2.88
1 kg Trout	23/kg	5
1 kg Beef fillet	50	11
1 Cane of tuna 170 g	10	2.22
1 Meal of the day offer in a restaurant	12	2.66

Price list

1 Taxi ride: 1km=1.44 Lei+ 1.44 lei to start	1.44	0.32
1 Take away pizza	16	3.55
500 g Barilla Pasta	5.5	1.22
750 ml Cleaning product Domestos	8	1.77
250 ml Shampoo Nivea	12	2.66
1 train ticket Craiova –	40	8.88



Thanks!