

••• CALL FOR PARTICIPANTS •••

# TRAINBOW

an international training course on how to design, facilitate and evaluate educational activities in youth work to strengthen diversity and participation

Kysak (eastern Slovakia) • December 3<sup>rd</sup> – 11<sup>th</sup> of 2018 • ERASMUS+ KA1

The Slovak Civil Society Organisation “**EduEra**” is happy to invite you to apply for participation in our upcoming international training course “**TRAINBOW**”.

“**TRAINBOW**” is an **international training course on how to design, facilitate and evaluate meaningful educational activities in youth work to strengthen diversity and participation**. The training course is targeted at **trainers, youth workers, educators and facilitators**, and will take place from **December 3<sup>rd</sup> to 11<sup>th</sup> of 2018 in Kysak in eastern Slovakia**. Funding is provided by the Slovak National Agency for ERASMUS+: Youth in Action, Key Action 1, Mobility of Youth Workers.

## ••• PROFILE OF PARTICIPANTS

We are targeting **trainers, youth workers, educators and facilitators**, the main criteria being that the participant be **actively involved in value-based youth work in an educational role**. Participants must be aged 18+ and be residents in the country of the nominating partner organisation. Participants should be **fluent in english**, and be willing and **committed to work hard** (about 9 hours per day at least). Participants should furthermore commit to **carry out agreed preparatory tasks** and be willing to **follow-up on the training course** via active youth work, ideally in co-operation with their sending/partner organisation.

## •●• ELIGIBLE COUNTRIES AND PLACES

*These are the international partners of the training course, and the amount of places for participants available:*

PARTNER ORGANISATION	COUNTRY	PLACES
EduEra	Slovakia	2
Youth Initiative Centre	Armenia	3
AZERBAYCAN TELEBELERI	Azerbaijan	2
Liga dobrovolnogo truda molodezhi	Belarus	2
Sdrujenie Nadejda - CRD	Bulgaria	2
3DB	Denmark	2
ACADEMY FOR PEACE AND DEVELOPMENT	Georgia	3
PYTHIA Social Cooperative Enterprise	Greece	2
Active Youth	Malta	2
ASOCIATIA OBSTEASCA ASOCIATIA DE DEZVOLTARE VOLUNTARIAT SI INFORMARE PENTRU TINERET EUROPA FARA FRONTIERE	Moldova	2
ASOCIATIA CENTRUL PENTRU STRATEGII DE DEZVOLTARE A TINERETULUI	Romania	2
Ticket2Europe	Spain	2
CENTER FOR EUROINITIATIVES	Ukraine	2

## •●• AIM AND PROGRAMME ELEMENTS

The international training course “**TRAINBOW**” aims at empowering and **building up the competences of educational practitioners to design, facilitate and evaluate meaningful educational activities in value-based youth work, with a view to strengthen diversity and participation.** The main programme elements are:

- **diversity, values, dialogue, participation:** comparing realities, establishing a common understanding
- **youth work, learning and non-formal education:** approaches, practices, conditions, models, processes
- **practical tools and methods** for the design, facilitation & assessment of educational activities
- **creation & testing of own educational modules** with/in front of group
- **needs-based design** and evaluation of educational interventions: **how to ensure impact & relevance**
- practice in **feedback, empathy, coaching & communication**
- **hot issues, common challenges and best practices** in value-based educational youth work
- **roles, context, ethics & competences** of youth workers in an educational context
- **self-assessment, coaching & professional development plan**
- **partnership-building and the development of follow-up activities**

## •●• IMPACT, DISSEMINATION & FOLLOW-UP

The participants and the partner organisations are expected to ...

- **disseminate and promote** the project and its outcomes,
- **transfer the competences** developed at this training course to further youth workers and educators, and
- **ensure the wider impact of this project by implementing concrete follow-up activities** and providing opportunities with and for young people in their regions and countries.

Ideally, a focus should be put on value-based youth work with a view to strengthen diversity, dialogue and participation. In any case, it will be necessary to **provide proof of the implemented dissemination, transfer and follow-up activities**.

## •●• PEDAGOGIC APPROACH

The training course will be based on the **specific needs of the participants and partner organisations**, and will be **highly participatory**. Diversity, e.g. in the group of participants, will be considered as a resource for the exchange and transfer of competences, as well as special attention is paid to the intercultural dimension of the project. There will only be few frontal lectures, the main part of the training course will be delivered in the form of **practical sessions implemented by the participants in a learning-by-doing fashion**, using the full toolbox of **non-formal education and experiential learning** (eg energizers and physical activities, group work and discussions, simulation exercises and role-plays, the use of creative expression, competitions and quizzes, games, reflection and evaluation, debriefing and feedback, digital tools etc).

The trainers will take care of creating a **supportive and safe learning environment**, where participants are encouraged and coached while mastering challenges that contribute to their **personal, professional and organisational development**. The learning takes place both on individual level as well as in **synergetic group processes**. Action/experience, reflection and feedback are important elements that are kept in balance, as well a range of diverse methods is applied to meet the **different learning preferences of the participants**. Special attention is paid to making the **learning points of the training course relevant, sustainable and transferable**, eg by producing exhaustive documentation and by providing templates for tailor-made development and action plans. The training course will furthermore be **embedded in a blended online learning and resource environment**.

At the end of the training course, the participants will receive a **Youthpass certificate**. Youthpass is the instrument of the Erasmus+: Youth in Action Programme to recognise the non-formal learning taking place during projects.

## •●• THE VENUE

In Slovakia there are still unknown and undiscovered places that are exceptional for their beautiful nature, rich cultural heritage, and kind and hospitable people. Kysak and its surroundings is one such place. **We will be accommodated in a resort in Kysak**, which lies between two big regional cities, Kosice which is 20 km away, and Prešov which is about 20 km away. Kysak is a village and railway hub in Košice-okolie District in the **Košice Region of eastern Slovakia**.

Just 2.5 km behind the village of Kysak you can find **our venue “Škola v Prírode Kysak (<http://svpkysak.sk/>)**, at the foot of the Slovak Rudohoria in the Humenec Nature Reserve in the Ružin Miniregión near the river Hornád.

**Participants should be prepared for rustic conditions and to share their room with several persons in 4 - bed rooms with private bathroom**. Feel free to browse pictures of the venue here: <https://drive.google.com/drive/folders/1rq7NeWQA6SZfHrOI1-DwjNfGWleP83w?usp=sharing>

# •●• CONDITIONS OF PARTICIPATION

The training course will start with snack at 15:00 of December 3<sup>rd</sup> and end with breakfast on December 11<sup>th</sup>. Thanks to funding provided by the ERASMUS+ programme through the Slovak National Agency, during this period all costs for food, accommodation, local transport and course materials are covered.

**You are free to arrive to Slovakia some days earlier or stay some days longer, as long as the total amount of your extra days outside of the programme activities is not more than three days.** The costs of your potential stay in Slovakia outside of the period December 3<sup>rd</sup> afternoon to December 11<sup>th</sup> in the morning have to be borne by yourself and are not covered by the organisers.

Following the rules of ERASMUS+, **the costs of your international travel are covered up to the following total amounts** (if you prove that your travel falls into the corresponding distance band). Costs exceeding the indicated amounts have to be borne by yourself. Here is an overview of travel grant per distance band:

[https://ec.europa.eu/programmes/erasmus-plus/programme-guide/part-b/three-key-actions/key-action-1/mobility-project-for-young-people-and-youth-workers\\_en](https://ec.europa.eu/programmes/erasmus-plus/programme-guide/part-b/three-key-actions/key-action-1/mobility-project-for-young-people-and-youth-workers_en)

And these are the travel grants approved by the Slovak National Agency based on the submitted funding application:

COUNTRY	MAXIMUM TRAVEL GRANT PER PERSON
Slovakia	EUR 20 (km 10 - 99)
Armenia	EUR 275 (km 500 - 1999)
Azerbaijan	EUR 360 (km 2000 - 2999)
Belarus	EUR 275 (km 500 - 1999)
Bulgaria	EUR 275 (km 500 - 1999)
Denmark	EUR 275 (km 500 - 1999)
Georgia	EUR 360 (km 2000 - 2999)
Greece	EUR 275 (km 500 - 1999)
Malta	EUR 275 (km 500 - 1999)
Moldova	EUR 275 (km 500 - 1999)
Romania	EUR 180 (km 100 - 499)
Spain	EUR 360 (km 2000 - 2999)
Ukraine	EUR 275 (km 500 - 1999)

Furthermore ...

- a participation fee of EUR 30 is to be paid in cash in Slovakia
- you are in charge of arranging your own insurance for your travel and stay in Slovakia
- full participation in the programme from afternoon of December 3<sup>rd</sup> to morning of December 11<sup>th</sup> is mandatory to be eligible for the reimbursement of travel and subsistence costs, you cannot arrive later or leave earlier from/to Kysak
- the programme will be very intensive and there will hardly be any free time. Should you wish to do some tourism, relax, travel around etc, be advised that this is NOT part of the programme, and can only be done on your private costs if you arrive earlier or stay longer after the training course
- we also have some money available for visa costs if you need, please contact us beforehand if you need visa so we can work out how to best support you.



## •●• TRAVEL ARRANGEMENTS

The best airport to fly to is **Košice International Airport**. **Alternatively, you might also consider Bratislava or Budapest**. In the very worst case you could also reach us via Vienna, but this would add considerable travel time and costs to reach the venue in Krompachy.

**Please bear in mind that you will also have some travel costs inside Slovakia to reach the venue, which are part of your travel budget.** We will support you in arranging group and discount tickets. **Do not arrange any travels before hearing the results of the application and selection process on November 4<sup>th</sup>!** The selected participants will receive further information from us on how to arrange the travel to and within Slovakia.

## •●• THE COORDINATING ORGANISATION

The non-governmental organization EduEra is registered by the Ministry of the Interior of the Slovak Republic as a citizen's association since 2017. This step is only a result of many years of work of individual members of this association with youth in Slovakia. **EduEra encourages the active participation of young people in the creation of new ideas and initiatives. The aim of EduEra is to find common values in our globalized world, and the development of mutual understanding through trainings, exchanges, and conferences, mostly concentrated on Erasmus+ projects on the field of youth.**

Our members come from different parts of Slovakia and focus on different areas where they see the potential and opportunity for young people. Our staff is constantly training and developing skills in order to be able to integrate always new tools into our educational and training programmes. Some of them have been teaching for years and graduated as a teacher, psychologist, therefore, they have the “formal” experience of dealing with youth and adults.

**EduEra functions as a youth-driven platform for young people, focusing on non-formal learning. We believe that the most important value of society is education,** which we offer to young people through trainings, workshops, volunteering opportunities and projects not only in Slovakia but also abroad. **Our vision is the personal and professional development of young people; support and development of regions and international cooperation through social entrepreneurship; protection of human rights; equal opportunities for all.**