



PROPOSAL OF ACTIVITIES FOR EVS VOLUNTEERS

Project title: “*EVS: Dream BIG*”

Venues: Sępólno Krajeńskie, Poland (2016-1-PL01-KA110-035559)

Project terms:

April 7th, 2018 – April 6th, 2019 (3 volunteers: Chechnya, Georgia, Armenia) – in Sępólno Krajeńskie

PARTNERS IN THIS PROJECT:

SENDING ORGANISATIONS:

1. Regional'naya obshhestvennaya organizatsiya sodeistviya grazhdanskim iniciativam "Molodezh' dlya budushhego" – CHECHNYA
2. Youth Association DRONI – GEORGIA
3. Gyumri "Youth Initiative Centre" NGO – ARMENIA

RECEIVING ORGANISATION:

Stowarzyszenie “Dorośli – Dzieciom” – POLAND



What we propose is a voluntary service in this organization:

1. “Adults for Children” Association (Sępólno Krajeńskie, Poland, EI number: 2016-1-PL01-KA110-035559)

If you are interested in our project, please click on-line “Volunteer form” link, fill in and send:

[VOLUNTEER FORM](#)



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Volunteers' activity will be concentrated around three basic areas:

AREA ONE: DEVELOPMENT OF THE SKILLS

Main goal of the volunteers is going to be a work in Young Creators' Club – with youth from local schools, in Occupational Therapy Workshop, Therapeutic day-room and Little Child and Family Centre. Those are places, where volunteers will have an opportunity to develop their skills and to obtain new experiences. Volunteers may work in all of those institutions or choose one/two of them according to their interests.

Young Creators' Club for youth from local schools:

- prepare and lead classes for young people (art, music, sport, theatre, cooking, photography, journalism etc.). We are very flexible and open for volunteers' ideas. They can organize own classes for youth according to their needs, skills or hobbies;
- organizing and taking part in various social and art events such as exhibitions, happenings, expositions, shows, etc.; especially about European Awareness, EU, EVS, Erasmus + Programme;
- help in creating a web blog about activities in Young Creators' Club and about volunteers' activity as well/create web blog or web page about Europe;
- create a newspaper/film/brochure(with young people from the Club) about – for instance - people's life in EU or other topic according to volunteers' ideas;
- attend in organized trips (bike trips, camps etc.);

Occupational Therapy Workshops for disabled people:

- help instructors with preparation and leading engagements in particular workshops (art, sartorial, exploration of life, housekeeping, D.I.Y., office and computers);
- prepare and lead engagements for their wards (volunteers will never be left alone with wards - it will always be with an attendance of the instructor);
- assistance to wards in day-to-day activities (e.g. cleaning after their classes, help with accompanying wards to the bus stop, etc.);
- help people on a wheelchairs;
- attend in a keep fit and rehabilitations;
- attend in organized trips (day excursions and several day trips);

Therapeutic day-room for children and teenagers from difficult backgrounds:

- help instructors with preparation and leading engagements for kids and youth (art, sports, outdoors games and plays, etc.);
- help with doing a homework;
- prepare and lead engagements for wards (individual and in groups);
- help with day-to-day activities (e.g. cleaning after their classes);
- attend in organized trips.

Little Child and Family Centre (for kids from 3 months old to 3 years old):



- taking care of kids;
- help instructors with leading different types of activities for kids.

AREA TWO: EUROPEAN CITIZENSHIP

Activity of the volunteers is first and foremost working in above establishments, but not only that. Another important element of their activity is commitment to the actions, whom main target is to deepen a sense of European citizenship as well as promotion of activities related to EVS and Erasmus + Programme. We are planning to conduct meetings with a youth from local schools. Those meetings will be a good occasion to exchange experiences, to promote EVS and Erasmus + Programme and to present volunteers' culture in local community.

AREA THREE: POLISH CULTURE

Volunteers are going to be involved in activities, which allow them to learn about Polish tradition, morals and culture:

- participation in lessons of polish language;
- provided constant contact with polish youth;
- organizing 'polish evenings', as well as volunteers national evenings';
- participation in sight-seeing tours (within their work);
- participation in cultural events etc.

THE PRACTICAL ARRANGEMENTS

Working hours

We are very flexible in terms of volunteers' work. We are open for volunteer's suggestions. They can choose in which establishment they want to work more and in which less. The volunteers together with the coordinator will agree about the working hours and a weekly schedule. The amount of work should not exceed 36 hours per week.

Exemplary Schedule / Weekly timetable (prepared for 2 volunteers but we are going to host 6)

	VOLUNTEER 1	VOLUNTEER 2
MONDAY	9 ⁰⁰ – 15 ⁰⁰ Work in Little Child and Family Centre	Leisure time
	15 ⁰⁰ -16 ³⁰ Leisure time	13 ⁰⁰ – 18 ⁰⁰ Work in Therapeutic day-room
	16 ³⁰ – 18 ³⁰ Polish language classes	Leisure time
TUESDAY	Leisure time	9 ⁰⁰ – 15 ⁰⁰ Work in Little Child and Family Centre
	13 ⁰⁰ – 18 ⁰⁰ Work in Therapeutic day-room	15 ⁰⁰ -16 ³⁰ Leisure time
	Leisure time	16 ³⁰ – 18 ³⁰ Polish language classes



WEDNESDAY	9 ⁰⁰ – 15 ⁰⁰ Work in Occupational Therapy Workshops	9 ⁰⁰ – 15 ⁰⁰ Work in Occupational Therapy Workshops
	15 ⁰⁰ -16 ³⁰ Leisure time	15 ⁰⁰ -16 ³⁰ Leisure time
	16 ³⁰ – 18 ³⁰ Polish language classes	16 ³⁰ – 18 ³⁰ Polish language classes
THURSDAY	Leisure time	Leisure time
	12 ⁰⁰ – 18 ⁰⁰ Work in Young Creators' Club	12 ⁰⁰ – 18 ⁰⁰ Work in Young Creators' Club
	Leisure time	Leisure time
FRIDAY	Leisure time	Leisure time
	12 ⁰⁰ – 18 ⁰⁰ Work in Young Creators' Club	12 ⁰⁰ – 18 ⁰⁰ Work in Young Creators' Club
	Leisure time	Leisure time

Holidays

The volunteers work 5 days a week (Monday to Friday). For every month of work each of them can get two extra days free. They can cumulate the days and take longer holidays. Nevertheless, they have to obtain the agreement regarding the dates from the Host Organization.

Accommodation

Volunteers are going to be ensured with separate flat in a block of flats. Those who start the project in January 2014 are going to live in the 3 rooms flat (one separate room for each volunteer). Those who join the project in the second term (from April 2014) will have to share the room with other person as there are 2 bedrooms in the flat. Volunteers will be provided with a standard equipment and essential household goods.

Food

They are going to receive money for food (about 100 € per month). It will be their decision, whether they would like to prepare their meals by their own in the flat, or to buy them in a local school canteen. Depending on their decision, we will help them to organize it.

Allowance

Every month volunteers are going to receive pocket money (85 €) for their own expenses.

Local transport

If it comes to local transport, there is no problem in our town. Sepólno Krajeńskie is a small town(11 000 inhabitants), that there is no need for it.

Polish language classes

Lessons of polish language will be leaded by a professionally active teacher, who worked with us in the past, during previous visits of volunteers. Lessons are going to have individual character.

Volunteers with special needs

Unfortunately we do not have possibility to host volunteers with special needs at this time.

To learn more about volunteers who currently are staying in our associations please visit:

<http://yes-to-evs.blog.onet.pl>

