

INFO- PACK

Training
course:

“It starts with You(th)!”



**20th -27th March
2018**

**Bratina,
Croatia**

There will be **31 participants** from **10** different **countries**: Croatia, Estonia, Hungary, Romania, Armenia, Turkey, Palestine, Lithuania, Bulgaria, Ukraine.

In this info-pack, we tried to gather all the necessary information, so you can be prepared and ready for everything!

LANGUAGE

Official language of the training course will be **English**.

BASIS AND AIMS

Social and economic circumstances in Africa, Middle East and the war in Syria have **contributed to increasing** the number of **migrants** and asylum seekers who seek security and better living conditions in **European Union**. We are talking about a **large number** of people who have **different** age, levels of education, work experience, and religion and come from different cultural environments with different traditions and values. It is very important to distinguish the **key terms**: migrants, refugees and asylum seekers. **Young people** in European countries, especially in rural enclosed communities, **don't understand** those key terms and concepts and are not familiar with the EU and Member States' procedures when migrants **enter** the EU. The fact that young people and the community as a whole are **not informed** of the **rights** and **obligations** of migrants in some EU countries, there is a **rise of radicalism** and **distrust towards migrants** who have **already come** and those who are **about come**. In order to **integrate** into the community, it is important for the local community to be **informed** and educated about the **importance** of the **inclusion** of asylum seekers and the importance of **tolerance** and **acceptance of diversity**. **Ignorance** leads to radicalism, xenophobia and that can escalate. Young people are those with whom we need to **work** through **formal** and **non-formal** learning methods in the direction of education and information that others who are **different** do not pose a **threat** to their local community and society as a whole. Hence the name of the training course is "It starts with You(th)!" **meaning** that every **change** starts with an **individual**, especially youth. Through **youth work**, we recognized the need for a tool that would effectively **contribute** to youth work and **empowering** youth to be more **tolerant**, more **inclusive** and to stress out the **importance** of **tolerance**. We have recognized the **issue** of asylum seeker inclusion as a topic that is **common** in **all** partner countries and we will present it through **simulation** games as a tool for non-formal learning, information and education for young people.



The **goal** of the project is to **empower** youth workers or people who are **motivated** to work with youth (the emphasis is on people who are **active** in the local community) with a new tool for **increasing** the **quality** of work with youth.

OBJECTIVES

The specific objectives of the training course are closely connected to the Erasmus+ programme.

- to **support** professional **development** of youth workers and youth
- to **raise** quality of **youthwork** in the European context
- to **raise** the quality of projects and activities for youth
- to **develop** key competences of youth workers with the aim of **increasing** capacity of their organisation/local community with the special **emphasis** on young people with **fewer** opportunities
- to **promote** intercultural and interreligious **dialogue**
- to **promote** social **inclusion** and **solidarity** towards asylum seekers and all other groups in the society
- to **promote** difference, tolerance and importance of **human rights**
- to **empower** youth workers by adopting **competences, tools, methods** and **skills** that will help them to **transfer** common **values** to young people
- to **prevent** violent **radicalism** between young people (**towards** migrants, asylum seekers and anyone else who is in some way **different**)



PARTICIPANTS

COUNTRY	ORGANIZATION	Total number of participants
Croatia	LOKALNA AKCIJSKA GRUPA (LAG) VALLIS COLAPIS	4
Estonia	MITTETULUNDUSÜHING NOORED ÜHISKONNA HEAKS	3
Hungary	Jó Palócok Egyesülete	3
Romania	Asociatia "Un strop de fericire"	3
Armenia	Gyumri "Youth Initiative Centre" NGO	3
Turkey	EFEM AKDENİZ GENÇLİK VE SPOR KULÜBÜ	3
Palestine	HUMAN SUPPORTERS ASSOCIATION	3
Lithuania	ASOCIACIJA AKTYVUS JAUNIMAS	3
Bulgaria	SDRUZHENIE GLOBOL ORGANIZEYSHAN FOR DIVE LAPMANT	3
Ukraine	Vseukrayins'ka molodizhna hromads'ka orhanizatsiya "Fundatsiya Rehionalnyh Initsiatyv"	3



DATES

The training course will **begin** with the arrival of the participants to Bratina on Tuesday **20.03**. **Activities** will begin the evening of 20.03.
Departure of the participants will take place around noon according to your tickets on **27.03**.

PLACE

During the training course we will stay in **Ekopark Kraš** in Bratina.
You can read more about Ekopark Kraš and see pictures: <https://goo.gl/5UN93F>
<http://www.ekopark-kras.hr>



Located in a small picturesque place called Bratina, 25km from Zagreb, Ekopark Kraš offers various types of self-catering accommodation units with views of the park or the lake and free Wi-Fi in all areas. The property features tennis and volleyball courts, a bowling alley, an outdoor pool and a football field.

ACCOMODATION & DINING

Participants will be accommodated in **bungalows** and houses with rooms for **2-3 people**. Every bungalow and house has its **own bathroom and kitchen**. Bed linen and towels **are provided**.

Dining will take place in Restoran Domaćica in Ekopark Kraš. If You have any **special needs** concerning **food** (allergies, religion, etc.), **please let us know in the E-form**.





TRAVEL

How to get to Bratina/ Ekopark Kraš? Read carefully:

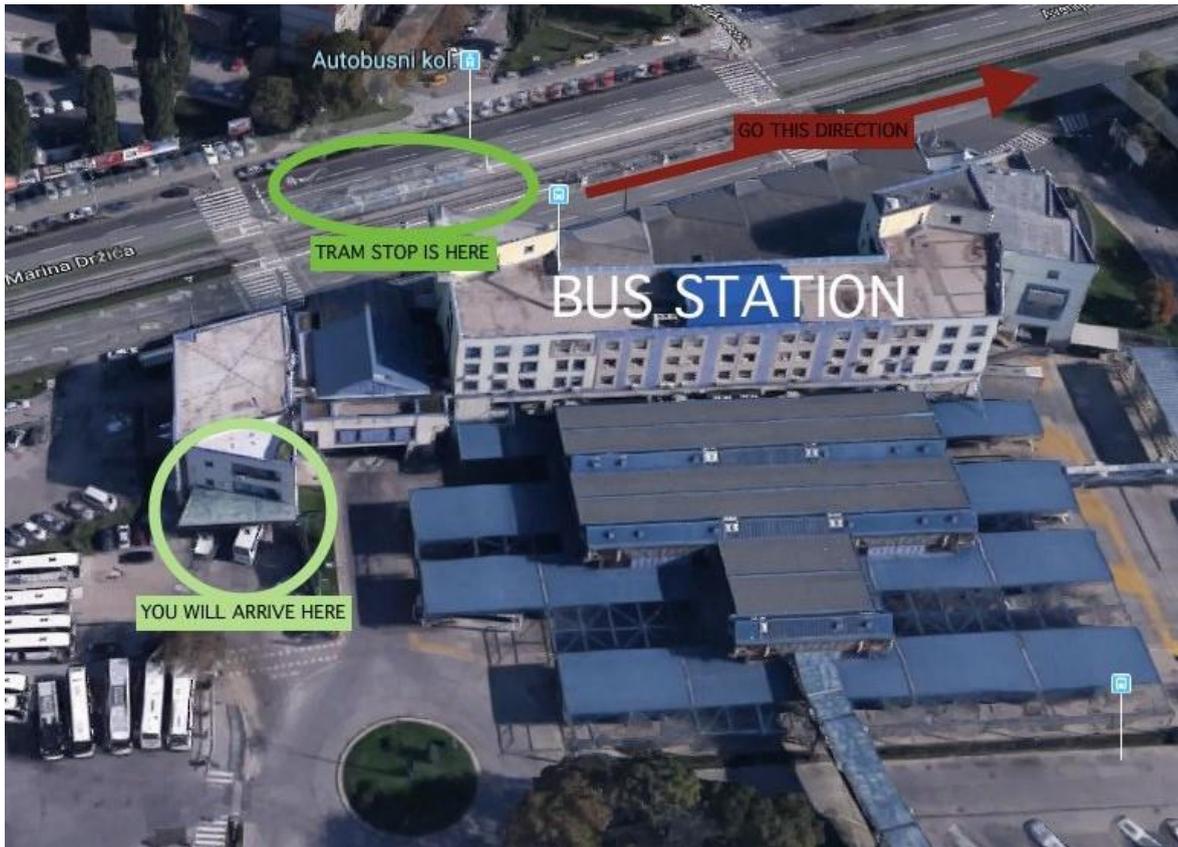
If you travel to Croatia by **plane**, you will land to **Zagreb airport**.

1. **Outside** the airport on the **right** is a **bus**, which leaves in **every 30 minutes** to the **main Bus Station (Autobusni kolodvor Zagreb)**. One ticket costs **30 HRK** (kunas - around 4 EUR) and You can buy it **from the bus driver**. The drive lasts 30 minutes.



2. **In front** of the bus station you have to take a **tram 7** and go the stop called "**Savski most**".





On every tram stop there is an **info screen** where you can see when is the **tram coming** and the **direction**. Price of the tram ticket is **4 HRK** (cca. 0,50 EUR) and you can **buy it in the tram** from the **driver**. The drive lasts about 30 minutes. It's the **last stop** ("Savski most") on that route. You will see a lot of trams and buses there since they all gather before departing.



3. From there take the **bus 161** “SAVSKI MOST (S.M.) - KUPINEČKI KRALJEVEC (Kup.KR.)- ŠTRPET” and go out on the stop called “KRALJEVEČKI BRIJEGI VODOSPREMA”(K. Brijegi-Vodosprema - it's the 25th station on the list) The bus **stops in front of the restaurant** called “Tihi Gaj”, an orange-red building ↓ . The drive lasts about 40 minutes. There **we will pick you up** and take you to the venue.



LINKS: From airport to bus station <http://www.plesoprijevoz.hr/en>

Tram no 7h http://www.zet.hr/raspored-voznji/325?route_id=7(check the time schedule for **DUBEC-SAVSKI MOST**) The tram starts from the station called “Dubec”/“Dubrava”, **but you go on the tram at the station called “Autobusni kol.”**

Bus no 161h http://www.zet.hr/raspored-voznji/325?route_id=161(check the time schedule for “S.M.” (Savski most) - “KUP.KR” (Kupinečki Kraljevec)

All the travels must be done in public transport and economy class. As a general rule, Croatian National Agency doesn't refund transport costs in private car, taxi or Uber.



TRAVEL BUDGET

Erasmus+ program allocates a **limit amount** to be refund for travel costs, according to the Erasmus distance calculator <https://goo.gl/V7BiyG>

COUNTRY	ORGANIZATION	Travel grant per participant
Croatia	LOKALNA AKCIJSKA GRUPA (LAG) VALLIS COLAPIS	20€
Estonia	MITTETULUNDUSÜHING NOORED ÜHISKONNA HEAKS	275€
Hungary	Jó Palócok Egyesülete	180€
Romania	Asociatia "Un strop de fericire"	275€
Armenia	Gyumri "Youth Initiative Centre" NGO	360€
Turkey	EFEM AKDENİZ GENÇLİK VE SPOR KULÜBÜ	275€
Palestine	HUMAN SUPPORTERS ASSOCIATION	360€
Lithuania	ASOCIACIJA AKTYVUS JAUNIMAS	275€
Bulgaria	SDRUZHENIE GLOBOL ORGANIZEYSHAN FOR DIVE LAPMANT	275€
Ukraine	Vseukrayins'ka molodizhna hromads'ka orhanizatsiya "Fundatsiya Rehionalnyh Initsiatyv"	275€
Travel costs will be refunded to each partner organization.		

Whilst travelling by plane we recommend to arrive to Zagreb airport.

Warning!: Don't buy any ticket before consulting with us by e-mail.

If you would like to **stay longer** in Croatia, you can book flights **up to 2 days** before/after arrival/departure of the dates of the training. Tickets with the dates longer than 2 days after/before the dates of the training **will NOT be reimbursed. Staying in Croatia before and after the training course is at your own cost but we are here if you need any help or advice about that.**



REIMBURSEMENT

Reimbursement will be done by **bank transfer** to partner organisation to all participants who bring the **necessary documents** (tickets, boarding pass, invoices, receipts) **after** partner organisations have **completed dissemination** activities!

VISA

If your participant needs a visa, **please let us know as soon as possible**.

COUNTRY	visa grant per participant
Turkey	100€
Armenia	120€
Palestine	130€

All visa costs are reimbursed 100%, but you have to **provide us** with invoices, receipts and bills.

E-FORM

In order to offer **you the best care possible**, once we have given the confirmation to buy the flight tickets, we will require you to **fill in the e-form**. Please fill in the e-form by **February 19th!** [h https://goo.gl/forms/ZXoNLapCFYEiPI242](https://goo.gl/forms/ZXoNLapCFYEiPI242)

Facebook group: you will be added to the group where we will **share more info** and answer possible questions and doubts **about the project**. We will **post all the information** and news about the project and will share all the **dissemination** pictures, videos and continue our **future** collaboration.

INSURANCE

Each participant must **take out** their own travel **insurance** (this cost is nonrefundable). Don't forget to bring your own **European Health Insurance Card (EHIC)** with you (**check if it's still valid**). Participants from countries that **don't have** EHIC must take out **your own** accident insurance. Travel insurance and EHIC or accident insurance **must** be **presented** to the coordinating organization upon **arrival**.



INTERCULTURAL EVENING

There will be **four** intercultural **evenings** shared by 3-4 countries, where participants can **Introduce** their country, customs, values, tradition and culture.

We encourage you to introduce **dances**, sing **songs**, challenge yourselves and everyone else - go beyond a simple presentation!

We advise to bring food that doesn't need **preparation**, although there will be possibility to prepare food in the **kitchen** in houses and bungalows where you will be staying. You can bring snacks for coffee breaks as well :)

WHAT TO BRING?

- ✓ **Comfortable clothes and footwear**(activities will be held **indoors**). The weather this time is usually around 15°C, there might be rain. (Time zone in Croatia is UTC+1)
- ✓ Laptop, if needed (there are around 3 laptops brought by the organising team)
- ✓ **Promo material of your organization** to meet with your future partners
- ✓ Foods or drinks for intercultural evening.
- ✓ **Chargers** of phones (and other devices you bring with you)
- ✓ Bring **personal hygiene** items and **medication** with you - the nearest shop is few kilometers away.
- ✓ The **currency** in Croatia is kuna (HRK). You can change money in any bank office/exchange office in Croatia (there are exchange offices at the airport and the bus station if you decide to exchange the money here). ATM cards are mostly accepted, but it is always good to have cash on you.
- ✓ Although there is a pool in the Ekopark, there's no need to bring swimsuit - it's still march and not so warm in Croatia!
- ✓ A lot of **good mood** and **energy**!)

